



# January 2020 Cafeteria Menu

Breakfast served daily 1% white milk or 1% chocolate milk



Sun

Mon

Tue

Wed

Thu

Fri

Sat

*This institution is an equal opportunity provider. Persons who believe they have been discriminated against in any USDA-related activity may be advised to write: USDA Director, Office of Adjudication 1400 Independence Ave. SW Washington, D.C. 20250-9410*

*or call toll free (866)632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish).*

**1 NO SCHOOL**



**2 NO SCHOOL**

**3 NO SCHOOL**

4

5  
**Menus**

6 *Tenderloin on bun  
Corn  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

7 *Chili Peanut butter & jelly sandwich  
Crackers  
Romaine lettuce  
Relish tray  
Fruit/Milk*

8 *Hot dog on bun  
Cooked carrots  
Romaine lettuce  
Relish tray  
Fruit/Milk*

9 *Deli Turkey on bun  
Green beans  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

10 *Cheese bites  
Marinara sauce  
Steamed broccoli  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

11

12  
**Subject to**

13 *Cheese-burger on bun  
Cooked carrots  
Romaine lettuce  
Relish tray  
Fruit/Milk*

14 *Chicken & noodles  
Mashed potatoes  
Peas  
Romaine lettuce  
Relish tray  
Fruit/Milk*

15 *Corn dog  
Steamed broccoli  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

16 *Taco in a bag w/ taco meat  
Fiesta beans  
Shredded lettuce & cheese  
Salsa & tomatoes  
Black olives  
Sour cream  
Relish tray  
Fruit/Milk*

17 *Ham & Cheese on bun  
Green beans  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

18

19  
**Change**

20 **NO SCHOOL**  
*Martin Luther King Day*

21 *Chicken nuggets  
Corn  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

22 *Beefy Nachos w/ meat & chips  
Fiesta beans  
Shredded lettuce & cheese  
Black olives  
Salsa & tomatoes  
Sour cream  
Relish tray  
Fruit/Milk*

23 *Pulled pork on bun  
Green beans  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

24 *Grilled cheese sandwich  
Steamed broccoli  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

25

26

27 *Breaded chicken patty on bun  
Cooked carrots  
Romaine lettuce  
Relish tray  
Fruit/Milk*

28 *Spaghetti w/ meat sauce  
Garlic bread  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

29 *Beef & bean Burrito  
Corn  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

30 *Teriyaki Chicken  
Fried rice  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

31 *Tuna or Peanut butter & jelly sandwich  
Green beans  
Romaine lettuce  
Relish tray  
Fruit  
Milk*

*Lunch balances are available on the school website using the PowerSchool link*